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**One Flesh
One Spirit
Mini-Book
Part 1**

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Introduction

In Genesis 2:23,24, it says, **“And Adam said, This is now bone of my bones, and flesh of my flesh: she shall be called Woman, because she was taken out of Man...Therefore shall a man leave his father and his mother, and shall cleave unto his wife: and they shall be one flesh.”**

In Matthew 19:3-6, it says, **“The Pharisees also came unto him, tempting him, and saying unto him, Is it lawful for a man to put away his wife for every cause?...And he answered and said unto them, Have ye not read, that he which made them at the beginning made them male and female...And said, For this cause shall a man leave father and mother, and shall cleave to his wife: and they twain shall be one flesh?...Wherefore they are no more twain, but one flesh. What therefore God hath joined together, let not man put asunder.”**

Who was doing the speaking in Genesis 2:23,24, Adam or the LORD God Who created Adam in the beginning? According to Matthew 19:4,5, it was God that was speaking through Adam. Therefore, it was a prophetic message given by Adam.

Prophecy means “words which were spoken by the inspiration of God” (the Holy Spirit). Prophecy means, “speaking by the inspiration of the Holy Spirit.” It is not the words of a man, it is the Word of God which is spoken by a person (male or female).

Therefore, what Adam said in Genesis 2:23,24, is a prophetic word from the LORD God who created man in the beginning (Gen. 2:7). Prophetic words must be spiritually discerned by the Holy Spirit. They are given by the inspiration of the Holy Spirit. Therefore, they must also be discerned by the Holy Spirit.

In 1 Corinthians 2:9-14, it explains prophecy, which is “the written Word of God” (2 Tim. 3:16; 2 Peter 1:20,21). In 1 Corinthians 2:9-14, it says, **“But as it is written, Eye hath not seen, nor ear heard, neither have entered into the heart of man, the things which God hath prepared for them that love him...But God hath revealed them unto us by his Spirit: for the Spirit searcheth all things, yea, the deep things of God...For what man knoweth the things of a man, save the spirit of man which is in him? even so the things of God knoweth no man, but the Spirit of God...Now we have received, not the spirit of the world, but the spirit which is of God; that we might know the things that are freely given to us of God...Which things also we speak, not in the words which man's wisdom teacheth, but which the Holy Ghost teacheth; comparing spiritual things with spiritual...But the natural man receiveth not the things of the Spirit of God: for they are foolishness unto him: neither can he know them, because they are spiritually discerned.”**

The Written Word of God cannot always be understood by the natural mind of the flesh. Only those who are given the understanding of the Written Word of God from their spirit, by the Holy Spirit, will know the truth.

To understand the written Word of God, people must receive their information from the Holy Spirit. In Job 32:8 it says, **“But there is a spirit in man: and the inspiration of the Almighty giveth them understanding.”** Our understanding of the written Word of God must come from the inspiration of the Holy Spirit, not from our natural mind of the flesh.

Many people have taken the Word of God, and tried to explain what it means without the discernment of the Holy Spirit. Many of these have entered into the Churches, teaching their idea of what the Written Word of God means. This is the same thing that was happening at the time Jesus came teaching the Word of God. The Pharisees, Scribes, and Sadducees came against Jesus. They

were operating from their natural mind.

How did this all come about, that men try to teach the Word of God from their mind? In Genesis 2:16,17, it says, **“And the LORD God commanded the man, saying, Of every tree of the garden thou mayest freely eat...But of the tree of the knowledge of good and evil, thou shalt not eat of it: for in the day that thou eatest thereof thou shalt surely die.”** What the LORD God said to mankind in Genesis 2:16,17, was not just idle words. It says, **“And the LORD God commanded the man...”**

When the Creator of heaven and earth commands His “created creatures” to do something, it is important that they obey Him.

Look at what happened to Eve in the garden of Eden. It says in Genesis 3:4,5, **“And the serpent said unto the woman, Ye shall not surely die...For God doth know that in the day ye eat thereof, then your eyes shall be opened, and ye shall be as gods, knowing good and evil.”** The serpent was not speaking by the inspiration of the Holy Spirit, but from his mind. What the serpent said to Eve, did not come from the Holy Spirit, it came from another spirit, which was Satan, the Devil.

Ever since sin and death came upon mankind in the garden of Eden the natural minds of people became corrupted. Therefore, multitudes of people have been used by the Devil to speak things that do not agree with the written Word of God. Christians do not belong speaking from their natural minds, things that do not agree with the written Word of God. In 1 Peter 4:11 it says, **“If any man speak, let him speak as the oracles of God; if any man minister, let him do it as of the ability which God giveth: that God in all things may be glorified through Jesus Christ, to whom be praise and dominion for ever and ever. Amen.”**

The truth of the Word of God must be revealed to man by the Holy Spirit, not by the natural minds of people. We must be taught by the Holy Spirit. Jesus said in John 6:45, **“It is written in the prophets, And they shall be all taught of God...”** In 1 John 2:27 it says, **“But the anointing which ye have received of him abideth in you, and ye need not that any man teach you: but as the same anointing teacheth you of all things, and is truth, and is no lie, and even as it hath taught you, ye shall abide in him.”** The Holy Spirit is the anointing that will teach us all things.

In Acts 10:38, it says, **“How God anointed Jesus of Nazareth with the Holy Ghost and with power: who went about doing good, and healing all that were oppressed of the devil; for God was with him.”** Jesus did not do any teaching until He was anointed with the Holy Spirit at about the age of thirty.

When men teach without the anointing of the Holy Spirit, they are teaching from their natural minds. They are not receiving their information from the Holy Spirit. There is another spirit working in their minds, blinding their minds to the truth of the gospel of Christ.

In 2 Corinthians 4:3,4, it says, **“But if our gospel be hid, it is hid to them that are lost...In whom the god of this world hath blinded the minds of them which believe not, lest the light of the glorious gospel of Christ, who is the image of God, should shine unto them.”**

Christians must be taught by the Holy Spirit. Then, everything they do should be revealed to them by the Holy Spirit. We must learn to walk after the Holy Spirit, and be led by the Holy Spirit to understand the written Word of God.

In Galatians 5:16,17, it says, **“This I say then, Walk in the Spirit, and ye shall not fulfil the lust of the flesh...For the flesh lusteth against the Spirit, and the Spirit against the flesh: and these are contrary the one to the other: so that ye cannot do the things that ye would (you cannot do your own will of the flesh).”** In 1 Corinthians 2:9-14, it explains that we cannot know

the truth of the Written Word of God, unless it is discerned by the Holy Spirit within us.

We cannot continue to walk according to the thoughts of our natural mind, for the natural minds of people have been corrupted by Satan, who is the god of this world. Therefore, the world operates by the knowledge of good and evil, which came upon mankind in the garden of Eden.

Christians must walk after the Holy Spirit, not after the flesh. By the flesh, we cannot know the will of God, neither can we be led by the Holy Spirit. We must agree with the written Word of God to walk after the Spirit (Amos 3:3). Those who walk after the flesh cannot please God. It says in Romans 8:5-7, **“For they that are after the flesh do mind the things of the flesh; but they that are after the Spirit the things of the Spirit...For to be carnally minded is death; but to be spiritually minded is life and peace...Because the carnal mind is enmity against God: for it is not subject to the law of God, neither indeed can be.”**

In Galatians 5:25, it says, **“If we live in the Spirit, let us also walk in the Spirit.”** There is a major difference between walking after the flesh and walking after the Spirit.

It should not be difficult to tell if someone is walking after the flesh or walking after the Holy Spirit? There are many ways to know what spirit we are hearing from. There are also many ways to know what spirit others are hearing from.

One Spirit with the LORD

What was spoken by Adam in Genesis 2:23,24, was a prophetic message for those who are truly born again into the Body of Christ. Adam said, “...**a man leave his father and his mother, and shall cleave unto his wife: and they shall be one flesh**” (Gen. 2:24).

What does it mean to be “one flesh?” Everything Eve had belonged to Adam. Everything Adam had belonged to Eve. They were of the same flesh, “the flesh of Adam.”

When a man becomes married to a woman they are joined together in a covenant. Everything the man has belongs to the woman. Everything the woman has belongs to the man. By that, they become as one in each other.

In 1 Corinthians 7:2-5 it says, “**Nevertheless, to avoid fornication, let every man have his own wife, and let every woman have her own husband...Let the husband render unto the wife due benevolence: and likewise also the wife unto the husband...The wife hath not power of her own body, but the husband: and likewise also the husband hath not power of his own body, but the wife.**”

Marriage is a covenant between two people. In a covenant there is one who is greater than the other. The greater one makes a covenant with the lesser one. The husband becomes the head of the union and his wife becomes his mate. Eve was Adam’s mate. As Adam’s mate, Eve was to help Adam in everything that God called Adam to do, which included replenishing the earth with children, born of the flesh (Gen. 1:26-28).

God declared that the “man or male” was to be the head and not the female. The female is to be subject to the male (Eph. 5:21-33). God never joins two people together in marriage that are not “one male and one female.” The husband is the male, and the wife is the female. Husbands must submit to the LORD Jesus Christ, “*as the LORD Jesus submitted Himself to God the Father.*” Wives must submit to their husbands, “*as the LORD Jesus submitted Himself to God the Father.*”

Before a Christian woman gets married, she needs to be sure her “husband to be” is submitted to the LORD. If the man she wants to marry is not submitted to the LORD Jesus Christ, the woman should not get married to him. If a Christian woman marries a man who is not submitted to the LORD, she disobeyed the written Word, and can be the cause of many afflictions upon herself and any children born out of that marriage.

Christian men also, if they marry a woman who is not a Christian, and is not submitted to the LORD, they disobeyed the written Word, and can be the cause of many afflictions upon themselves and their children born out of that marriage.

In 1 Corinthians, Chapter Seven, the Apostle Paul laid out the total plan of God for Christians who get married. If a Christian “male or female” cannot control their desire for sex, they need to seek the LORD for a mate. They should not try to find a mate using their own natural mind, as to who they marry. “*The LORD is well able to find them a mate.*”

Christians should not seek a mate from among those who are not Born again, Spirit-filled Christians. If children were instructed what to do from the Word of God, they will be Born again and Spirit-filled before they are old enough to marry.

What Christians do on this earth determines where they will spend eternity? Christians will also be judged according to their works, just as the world is judged according to their works (Rev. 20:12). This is God’s creation. Not man’s creation. “**The Lord shall judge his people.**” (Heb. 10:30).

When a Christian marries someone who is not a Christian, they were walking in the flesh,

and not listening to the Holy Spirit. They need to repent of their sin, which was, “disobeying the LORD, by not seeking the LORD for a mate before they married.” All disobedience is sin. Sin gives the Devil an opportunity to destroy in the lives of all who disobey the LORD.

As for those who are already married to someone who is not being led by the Holy Spirit, they must first submit themselves unto the LORD and be guided by the Holy Spirit in what they should do in their marriage. The LORD cannot help those who disobey the LORD or the Holy Spirit. God can take any marriage that is not according to His will, and change it into a Godly marriage, that is honorable to both God and man, ***“if those who are married will submit themselves to God and resist the Devil.”***

God knows the hearts of every person in the world. Both people who are married must submit to the LORD Jesus Christ, and the guidance of the Holy Spirit. Then God will minister to each one, and bring them into fellowship with the LORD, and the Holy Spirit. It is their fellowship with the LORD and the Holy Spirit that can change an ungodly marriage into a blessed marriage. God cannot bless the works of the flesh. God can only bless that which He ordains.

God does not join His Children to those who are not His children. This is where Christians have let “the god of this world blind their minds.”

Our relationship with God, must be the same as Jesus’ relationship with God the Father. Relationship means “related by birth.” Relationship and fellowship are not the same thing. Many Christians believe they are saved, when they are still out of fellowship with the Father and Jesus Christ. These are deceived by the enemy. They are like the Prodigal son in Luke 15:11-32. If that Prodigal son had not repented and returned to his father, he would have still been lost and dead. He was lost and he was dead. But, he repented and returned to his father. He was always related to his father, even when he was out of fellowship with his father. Until he repented and returned to his father, his father could not help him.

Christians must maintain their “Relationship” and “fellowship” with God, if they want to live forever in heaven, after they leave this earth.

To understand what it means by “they shall be one flesh” or “one spirit with the LORD,” we must study the life of Jesus, and his “relationship” and “fellowship” with God the Father.

Jesus was not greater than God the Father. Jesus never did His own will, He only did the will of God the Father (Study the following Scriptures: John 4:34; John 5:19, 5:30; John 6:38; John 7:16; John 8:26, 8:28, 8:38; John 12:49,12:50; John 14:10,14:28).

What does it mean to be “One Spirit with the LORD?” To be “One Spirit with the LORD” is “relationship” with Jesus Christ, and God the Father. Those who are truly born again of the Word of God and the Holy Spirit are related to God by a spiritual birth into the body of Christ.

Now, they must establish their own fellowship with God the Father, the Son, and the Holy Spirit. “Loss of fellowship” could result in a “loss of relationship.” If a Christian’s name is taken out of the Book of life, they will lose their “relationship” to God and will not enter into heaven when they die upon this earth (Rev. 20:14,15).

Once saved, always saved, is a false doctrine. Jesus told the Apostle John to write in Revelation 3:4,5, **“Thou hast a few names even in Sardis which have not defiled their garments; and they shall walk with me in white: for they are worthy...He that overcometh, the same shall be clothed in white raiment; and I will not blot out his name out of the book of life, but I will confess his name before my Father, and before his angels.”** What about all the rest of those in the church at Sardis? What will happen to them if their names are taken out of the book of life? (See Revelation 20:14,15).

Christians are told in Revelation, Chapters Two and Three, that they must overcome in this life. The only way to overcome in this life is to do what Jesus did, when He overcome in His life here on earth.

Jesus maintained His “relationship” with the God Father until the end. Jesus was tempted by the Devil in Matthew 4:1-11; Luke 4:1-12. Jesus did not submit Himself to any of the temptations of the Devil.

When Christians are tempted to walk after the flesh, they must submit themselves unto God and resist the Devil. In James 4:7, it says, **“Submit yourselves therefore to God. Resist the devil, and he will flee from you.”** Christians must walk after the Spirit and not after the flesh. Galatians 5:16,17, says, **“This I say then, Walk in the Spirit, and ye shall not fulfil the lust of the flesh...For the flesh lusteth against the Spirit, and the Spirit against the flesh: and these are contrary the one to the other: so that ye cannot do the things that ye would (you cannot do your own will of the flesh).”**

Jesus never did His own will of the flesh. Jesus only did the will of God the Father. Jesus obeyed God the Father, even unto death on the Cross of Calvary. No matter how great the temptations were, Jesus always submitted to the will of God the Father. That is “fellowship” with God.

When Christians are out of fellowship with God, they must repent, and restore their fellowship with God. Broken “fellowship” can cause a broken “relationship.” Broken “relationship” can cause eternal death.

Relationship and Fellowship

What is the advantage of “relationship” and “fellowship?” Relationship establishes “a covenant.” All covenants must have agreements. Keeping the agreements is the same as fellowship. Broken fellowship can cause a broken covenant (Jer. 31:32).

In the Old Testament times, God made a covenant with those who desired to be in covenant with God. That included “only those who would agree with the covenant God offered to them.” Being that God was greater than man, God made the covenant and established the conditions in the covenant.

Included in the Covenant, God became the head of the covenant, and man became the recipient of the covenant. The conditions always included, “*whatsoever either party has, is available to the other party, if they needed it.*” Therefore, whenever those who were in covenant with God in the Old Testament, called on the LORD God for help, God (saved/delivered) them from whatsoever or whosoever came against them.

What is important in a Covenant is, “*whatsoever either party has, is available to the other party, if they needed it.*” This is the major part of any covenant based upon “relationship.” The Children of Israel were related to God by adoption. They were not born again into the family of God like Christians are. They were adopted children.

As adopted children of Abraham, Isaac, and Jacob, they were in covenant with the LORD God even before they were born in the flesh. Therefore, when the LORD God heard the cries of the Children of Israel in Egypt, He redeemed/saved them from slavery to Pharaoh, and the Egyptian slave masters (Ex. 6:1-8; 12:51).

In the Old Testament, God’s covenant with man was called “a blood covenant.” That covenant was to be sealed with the blood of both parties. The life of the flesh was in the blood (Lev. 17:11). This meant, if the covenant was broken, the one who broke the covenant would die and all that they had would become the property of the other one to whom they were in covenant with.

In the New Covenant, Jesus paid the price for the redemption of Christians from the slavery of Satan unto God by His Blood that He shed on the Cross of Calvary.

Then, Jesus arose again from the dead and became the head of the body of Christ (which includes all who are born again of the Word of God and the Holy Spirit). By the new birth, Christians are in covenant with God, through Jesus Christ who is the Head of the body of Christ.

By Jesus being the Son of God, He was in covenant with God the Father. Therefore, Jesus is in covenant with God the Father, and all who are in Christ are in covenant with Jesus Christ.

When Jesus was in the flesh of man, and the Devil tempted Jesus, Jesus had an advantage over the Devil. What advantage did Jesus have over the Devil? Jesus had “relationship and fellowship” with God the Father. By Jesus’ relationship and fellowship with God the Father, nothing was impossible for Jesus. Satan had no power over Jesus. Jesus had all power over the Devil.

As long as Jesus kept up His fellowship with God the Father, whatsoever Jesus asked of His Father (according to the will of God the Father), it was given to Him. That is true covenant relationship. Jesus was related to God the Father, and that brought Jesus into covenant with God the Father.

Jesus, being in covenant with God the Father could ask the Father for whatsoever He needed and it was given to Him. When Jesus prayed for Lazarus in John 11:41-44 it says, “**Then they took away the stone from the place where the dead was laid. And Jesus lifted up his eyes, and said, Father, I thank thee that thou hast heard me...And I knew that thou hearest me always: but**

because of the people which stand by I said it, that they may believe that thou hast sent me...And when he thus had spoken, he cried with a loud voice, Lazarus, come forth...And he that was dead came forth, bound hand and foot with graveclothes: and his face was bound about with a napkin. Jesus saith unto them, Loose him, and let him go.”

Jesus did not beg God the Father. Jesus simply said, **“Father, I thank thee that thou hast heard me...And I knew that thou hearest me always...”** That is the kind of relationship and fellowship that Jesus had with God the Father. This is the kind of relationship and fellowship that Christians should also have with God the Father, the Son, and the Holy Spirit. Whatsoever they ask, they should know that God will hear their prayer, and God will answer when they pray.

Christians, in Covenant with God, by relationship and fellowship with the Father and Jesus Christ, are entitled to ask for anything that the Father has, and it will be available to them (John 14:13,14; 15:7; 16:23,24).

What is included in this covenant we have with God the Father, the Son, and the Holy Spirit? Jesus said in John 17:9,10, **“I pray for them: I pray not for the world, but for them which thou hast given me; for they are thine...And all mine are thine, and thine are mine; and I am glorified in them.”**

Everyone that belongs to God the Father, belongs to Jesus Christ. Everyone that belongs to Jesus Christ belongs to the Father. All Jesus needed to do was keep up His relationship and fellowship with God the Father, and whosoever belonged to the Father also belonged to Jesus Christ.

That works both ways. Whatsoever Jesus had, must be made available to the Father if He needed it. Therefore, whenever the Father asked Jesus to do something, Jesus did it. Then, whenever Jesus asked the Father to do something the Father did it. That is covenant relationship and fellowship.

Christians need to understand their covenant “relationship and fellowship.” They need to understand that all they have, “their lives, their bodies, their belongings” all must be made available to God if He needs it.

When the Holy Spirit says to a Christian, go witness to someone, they must go and witness. When the Holy Spirit says, send someone some money, they must send them the money. Whatsoever the Holy Spirit asks a Christians to do, they must do it.

If Christians disobey God, they are out of fellowship. If they are out of fellowship with God, God is not obligated to answer when they pray. They must keep up their fellowship with God, which will maintain their relationship to God, which will keep them in covenant with God.

In 1 John 1:5-7 it says, **“This then is the message which we have heard of him, and declare unto you, that God is light, and in him is no darkness at all...If we say that we have fellowship with him, and walk in darkness, we lie, and do not the truth...But if we walk in the light, as he is in the light, we have fellowship one with another, and the blood of Jesus Christ his Son cleanseth us from all sin.”** If we sin against God, we are out of fellowship. But, if we walk in the light of the Word of God, the blood of Jesus cleanses us from all sin. Thereby, we maintain our fellowship and our relationship with God on a daily bases.

In Matthew 7:6, Jesus said, **“Give not that which is holy unto the dogs, neither cast ye your pearls before swine, lest they trample them under their feet, and turn again and rend you.”** We are not to do anything that God does not approve of. We are not to get involved in any situations without first asking the Holy Spirit. In 2 Corinthians 6:18, it says, **“Be ye not unequally yoked together with unbelievers...”**

How do we keep from getting into situations that we need help from God to get out of? Jesus

set the example, by saying in John 5:30, **“I can of mine own self do nothing: as I hear, I judge: and my judgment is just; because I seek not mine own will, but the will of the Father which hath sent me.”** Jesus said in John 8:26. **“I speak to the world those things which I have heard of him.”** In John 8:28, Jesus said, **“I do nothing of myself; but as my Father hath taught me, I speak these things.”**

This is how that Christians should maintain their relationship and fellowship with God the Father and the Son. Jesus set the example that we should follow.

All that we have belongs to God. All that God has is available to us, if we keep up our relationship and fellowship with God.

This is very important in the lives of Christians. Galatians 5:16,17, says, **“This I say then, Walk in the Spirit, and ye shall not fulfil the lust of the flesh...For the flesh lusteth against the Spirit, and the Spirit against the flesh: and these are contrary the one to the other: so that ye cannot do the things that ye would (you cannot do your own will of the flesh).”**

If Christians never do their own will of the flesh, but do only the will of God the Father, and Jesus Christ, they will have perfect relationship and fellowship with God.

When Christians have perfect relationship and fellowship with God, Satan has nothing on them. When Satan has nothing on a Christian, they have total power over all the works of the Devil.

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